



The Traffic Pattern

CITY ISLAND ROWING · NON-NEGOTIABLE
EVERY COXSWAIN. EVERY ROWER.



LEGEND

- Travel pattern
- Drills only
- Rocks
- 1 Staging points
- Never travel
- Home
- Green buoys

STAGING & MEETING POINTS

- 1 The Gate
- 2 Around the corner / The Point
- 3 Corner at the end of the rifle range shoreline
- 4 Corner of the swimming pool
- 5 The Pier
- 6 First red buoy
- 7 End of Orchard Beach
- 8 High Island
- 9 The Rip Tide

The red line: never row it

The red line is the general boating channel. **We never row on it.** Every year, somewhere in this sport, rowers are seriously injured or worse after being struck by boats.

There are no excuses. Do not travel in the general boat traffic area.